



**CHELTENHAM
TOWN FC**

Physical Performance Coach

Application's to be sent to gavin.crowe@ctfc.com

Closing Date: 14/4/2022

Full time

Hours: flexible with the demands of professional football

Cheltenham Town FC is looking to recruit a Physical Performance Coach (1st Team Football) to take the lead on the delivery of the sport science and strength & conditioning provision at the club.

Reporting to the Football Manager and Head of Medical, you will work in conjunction with the performance and medical team and contribute to the continuation of the development and implementation of Cheltenham Towns Long-Term Plan.

Responsibilities for the role include:

- Design, deliver and monitor the provision of high functioning sports science support to the playing squads to facilitate the ongoing physical development of the players.
- Lead on the delivery of the gym-based strength and conditioning programming.
- Utilise an evidence-informed approach to ensure the sport science support is structured and periodised to meet the needs of the players at different stages of their physical development.

- Work in collaboration to constantly assess/evaluate/adapt the operation of the sport science support programme, to ensure it consistently meets its stated objectives, as well as positively contributing to the achievement of the objectives of the performance and medical domain, the team, and the wider organisation.
- Activities will include but will not be limited to, the delivery of on-field and gym-based conditioning sessions to players, providing sport science support to coaching staff in the planning and delivery of on- field sessions, supporting with the rehabilitation of injured players, monitoring player wellness and training load, supporting the analysis of GPS data and disseminating key information to players and staff.
- Actively engage with continuing professional development and work with the medical team to maintain an up-to-date personal development plan.
- Essential
 - Candidates must hold a Bachelors degree (or equivalent) in sports science or a related discipline.
 - Have sound understanding of the key principles of physical development in adult and youth athletes.
 - You will be expected to undertake any specific training or Continued Professional Development to maintain your qualifications and/or as organised by the Club.
 - This position is subject to an Enhanced Disclosure and Barring (DBS) check and the successful candidate must be in possession of up-to-date FA Safeguarding certificate and full UK driving licence.

March 2022

Desirable

- The Football Association Level 2 Emergency Aid in Football
- An MSc in Strength and Conditioning or postgraduate related subject.

- Hold or working towards a UK Strength & Conditioning Association (UKSCA) Accredited Strength & Conditioning Coach (ASCC) credential.
- Additional S&C related qualifications (for example NSCA/BWLA/FA Level 3)
- To be a BASES Accredited Sport Scientist
- **EQUAL OPPORTUNITIES**
Cheltenham Town is an equal opportunity employer. We are committed to a policy of treating all employees and job applicants equally. Our aim is that all colleagues should be able to work in an environment free from discrimination, harassment and bullying.